

Sign me up!

Name _____

Address _____

Phone _____

email _____

Please mark the type share you want and return this sheet with your check.

___ Regular weekly vegetable share
Before March 15 \$400
After March 15 \$475 \$ _____

___ Add weekly flowers \$75 \$ _____

Add weekly local eggs
(dozen per week) \$100 \$ _____

TOTAL \$ _____

Please make your check payable
to Lucky Dog Farm
Mail to: P.O. Box 51, Hamden, NY 13782

As usual, your CSA pick up will begin the
week of Memorial Day Weekend -- so first pick up is
May 28/29. It will run through the
end of October.

And here are another couple of boxes to check. We have a neighbor, John Verhoeven over in Greene County, who is doing a great job of growing Angus beef cattle. He grazes both the cows and the calves in the season when there is grass, feeds them haylage in the winter, and sometimes finishes his calves on a mix of hay and grain if the customer wants that. We have thought that some of you might want to put a package of selected cuts in your freezers. And we always want to support good local food and good local farmers. So here are your choices:

- ___ I would like to know about prices, timing and quantities of beef and . . .
- ___ I would want it finished only on grass . . .or
- ___ I would want it grain finished.

___ I'm not interested in beef right now.

Questions? Call 607-746-8383 or email barw@delbitel.net.

ENJOY THE BOUNTY



*Amaranth, arugula,
Asparagus, basil, beets,
broccoli, broccoli rabe,
brussel sprouts, cabbage,
carrots, cauliflower, celery,
cilantro, collards, cranberry
beans, dill, edamame
soybeans, escarole, flowers,
frisee endive, garlic, garlic
scapes, green beans, kale,
leeks, lettuce, mint, onions,
parsley, potatoes, purple
beans, radishes, salad mix,
scallions, shell peas, sorrel,
spinach, summer squash,
swiss chard, tomatoes,
turnips, winter squash,
yellow beans*



LUCKY DOG FARM



COMMUNITY SUPPORTED AGRICULTURE

ENJOY FRESH, LOCAL,
ORGANIC FOOD AT AN
AFFORDABLE PRICE

Our 9th year!



WHAT IS CSA & HOW DOES IT WORK?

CSA reflects an innovative and resourceful strategy to connect local farmers with local consumers; develop a regional food supply and strong local economy; maintain a sense of community; encourage land stewardship; and honor the knowledge and experience of growers and producers working with small to medium farms. CSA is a unique model of local agriculture whose roots reach back 30 years to Japan where a group of women concerned about the increase in food imports and the corresponding decrease in the farming population initiated a direct growing and purchasing relationship between their group and local farms. This arrangement, called “teikei” in Japanese, translates to “putting the farmers’ face on food.” This concept traveled to Europe and was adapted to the U.S. and given the name “Community Supported Agriculture” at Indian Line Farm, Massachusetts, in 1985. As of January 2005, there are over 1500 CSA farms across the US and Canada.

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SUPPORT SUSTAINABLE FARMS

To cherish what remains of the Earth and to foster its renewal is our only legitimate hope of survival.

- Wendell Berry

MEMBERS WILL:

Enjoy a variety of fresh, organic produce and flowers at a great prices including many items unavailable at local supermarkets.

Help reduce packaging and distribution wastes that ultimately expend the Earth’s resources and end up as pollution.

Support a local family farm.

Bring your food source closer to home and help narrow the gap between consumers and farmers.



WHO ARE WE?

Lucky Dog Farm in Hamden, NY is owned and operated by Richard and Holley Giles. This is our 9th year of community supported agriculture. In addition to our CSA program, Lucky Dog Farm sells retail at the Pakatakan farmers market near Margaretville, the Callicoon farmers market, and the Cooperstown farmers market. Our goal is to provide high quality, nutritious, organic produce for our community and to make an honest living for our family.



HOW MUCH DOES IT COST?

Vegetable share -

\$400 if paid by March 15

\$475 if paid after March 15

Vegetable and flower share

\$475 if paid by March 15

\$550 if paid after March 15

